

### Elimination of vaccination + pesticide food out

The "corona vaccination"+all new mRNA vaccinations contain harmful metals+parasites+spikes. **Discharge possibilities:**

- **Take zeolite** (volcanic powder) in water on an empty stomach: pulls out metals+toxins+repairs the blood w ionic reaction – wait 30min.
- **Take silver water** (colloidal silver) on an empty stomach: eliminates harmful bacteria, viruses, fungi + parasites – wait 30min. for next drink
- **teas with shikimic acid** block the spike docking site: needle tea, fennel tea, star anise or black cumin in the tea

-- **CDS** (chlorine dioxide solution = chlorine dioxide diluted in water) destroys the spike protein with oxidation of the long protein chains, take it for at least 3 months (protocol C - Dr. Kalcker said it)

These detox procedures should also do UNvaxxed+animals sometimes! Shedding!

-- **foods with pesticides (cancer etc.) have to be replaced:**

**whole grain bread + whole wheat flour** (the whole grain is ground unwashed with pesticides – replace it with potatoes, some white bread is ok). **Whole grain rice** (likewise, vegetables + some white rice is ok). **Coffee+wine** (plantations+vines with pesticides, replace it with peppermint tea, etc.). **Orange juice** (sprayed fruits are processed with the peel, replace by apple juice). **Bananas** (are always sprayed in South America, replace!). Chocolate=lead+cadmium – replace w cheese+salad, liver=healthy! **Loose kilos**? half a day just drink or eat soup / broth, NO bread+NO potatoes! In summer NEVER!

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